



Curriculum
Subject: Dance
Class - IV
Session - 2024-25

	April	May	June
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Himachal day 	<ul style="list-style-type: none"> • Warm-up • Stretching • Freestyle dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Folk Dance of Punjab
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Himachal day dance steps 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn freestyle dance steps and its rhythm 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Punjabi folk steps and its rhythm
Skills	Rhythm, Balance, Coordination , Mobility and Culture based ability (Intellectual Skill)	Extension, Rhythm, Build Strength and Flexibility	Coordination, Rhythm, Stamina, perseverance and Culture based ability (Intellectual Skill)
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class
Assessments	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics
	July	August	September
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Retro Dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Patriotic dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Bollywood Dance
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of Retro dance • Develop their dance skills through Retro Bollywood 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • learn patriotic dance and its steps 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Develop their dance skill through Bollywood
Skills	Rhythm , Flexibility, Extension and Build Strength	Extension, Rhythm, Build Strength, Facial Expression and Body Balancing (Intellectual Skills)	Extension, Rhythm, Build Strength and Flexibility
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class
Assessments	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics

	October	November	December	Jan/Feb
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Basic step of Italian folk dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Hand Tutting 	<ul style="list-style-type: none"> • Warm-up • Stretching and • Definition of Hip Hop 	<ul style="list-style-type: none"> • Warm-up and • Stretching and • Revision for all topics
Learning Outcomes	<p>Students will be able to</p> <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Develop their dance skills through Italian dance 	<p>Students will be able to</p> <ul style="list-style-type: none"> • Understand the basic knowledge of Tutting dance • Develop their dance skills through hand Tutting 	<p>Students will be able to</p> <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Teen Hip-Hop steps and its Rhythm 	<p>Students will be able to</p> <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Students will be able to learn all topics
Skills	Stamina, Extension, Rhythm , Build Strength and Flexibility	Stamina, Extension, Rhythm , Build Strength and Flexibility	Posture, Extension, Rhythm, Build Strength and Flexibility	<ul style="list-style-type: none"> • Rhythm, Flexibility, Coordination and Body Balancing
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give them live demonstration • Smart class
Assessments	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics